

4 sessions of Forest Adventures March 2021. We reinforced and added to knowledge about Vikings and Saxons with activities including: The Ellwood Tavern leading onto an Apothecary, whittling looking at the Vikings as craftspeople. Runes and elder beads, dying fabrics by bashing leaves and flowers, planting barley and grinding it to make flour, fire, cooking flat bread with wild garlic and nettle crisps. We ended with a festival of Ostara. We also explored the slack line and played team games together.



The muddy kitchen was a huge hit making slightly out of period with chocolate cake. Mead and ale created in the Ellwood Tavern.

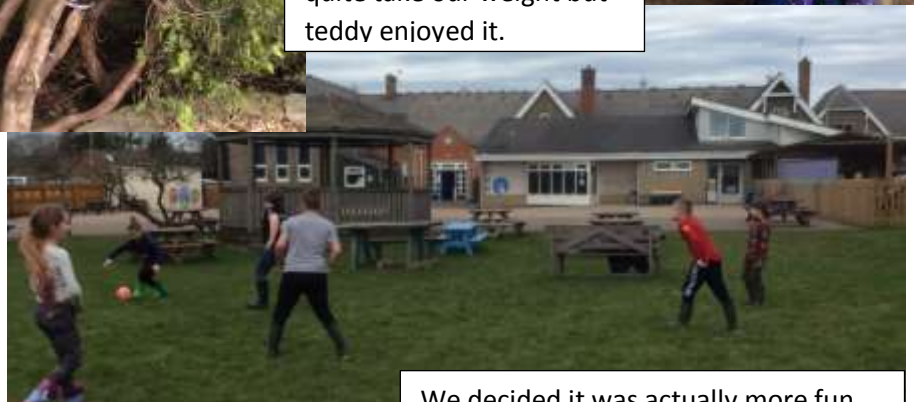




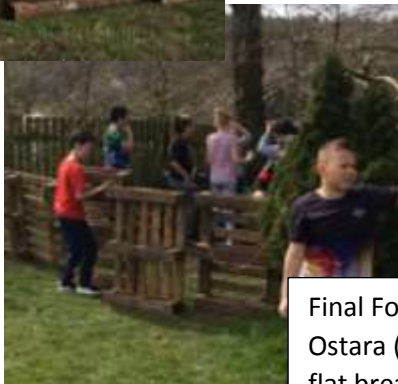
Target practise with whittled 'Spears'



The tarp hammock didn't quite take our weight but teddy enjoyed it.



We decided it was actually more fun without balls!



Final Forest School session with the Viking Festival of Ostara (21st March). Every child made and cooked flat bread and cooked on the fire, flavoured with wild garlic, butter, honey or jam. We also tasted Nettle Crisps which were surprisingly tasty! Some painted their faces with mud and charcoal. Some barricaded the village, some completed the egg hunt. The muddy kitchen chefs produced an amazing birthday cake for Bethan. A glorious afternoon.

