

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Spring menu 2019 GCC

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 07/01/2019 28/01/2019 25/02/2019 18/03/2019	<b>Main</b>	Cheese & Tomato Pizza (WM)	Chicken Curry & rice	Roast Pork with Roast Potatoes and Gravy	Beef Lasagne with garlic slice	MSC Fish fingers/salmon fish fingers with Chips
	<b>Vegetarian</b>	Quorn Chilli & rice	Macaroni Cheese with Garlic slice	Quorn Roast with Roast Potatoes and Gravy	Vegetable Sausage & Mash	Cheese & tomato quiche (WM) with Chips
	<b>Jacket Potato</b>	Jacket Potato with Beans	½ Filled Baguette	Jacket Potato with Tuna Carrot Cauliflower	½ Filled Baguette	Jacket Potato with Cheese Baked Beans Garden Peas
	<b>Dessert</b>	Sweetcorn Peas Rolled Apple & Strawberry Pie & Custard Yoghurt Fresh Fruit Platter	Green Beans Carrots Chocolate mandarin brownie Yoghurt Fresh Fruit Salad	Oaty cookie Yoghurt Fresh Fruit Platter	Sweet corn Broccoli Pineapple upside down cake with Custard Yoghurt Fresh Fruit Salad	Cheese, Biscuits & Apple Yoghurt and Fruit Station
<b>Week 2</b> 14/01/2019 04/02/2019 04/03/2019 25/03/2019	<b>Main</b>	Roasted vegetable Pizza	Spaghetti Beef bolognaise	Roast Turkey Roast Potatoes and Gravy	Sausage & Mash	MSC Breaded Fish with Chips
	<b>Vegetarian</b>	Vegetable Fajita	Lentil & Sweet Potato curry & rice	Vegetable Wellington with Roast Potatoes and Gravy	Cheese & Pepper Pinwheel (WM) ½ Filled Baguette	Quorn burger with Chips
	<b>Jacket Potato</b>	Jacket Potato with Beans	½ Filled Baguette	Jacket Potato with Tuna Red/Green Cabbage Peas		Jacket Potato with Cheese
	<b>Dessert</b>	Coleslaw Sweet corn Chocolate crunch Yoghurt Fresh Fruit Platter	Peas Carrots Banana Sponge & Custard Yoghurt Fresh Fruit Chunks	Flapjack Yoghurt Fresh Fruit Salad	Green Beans Carrots Fruit Crumble with Custard (WM) Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station
<b>Week 3</b> 21/01/2019 11/02/2019 11/03/2019 01/04/2019	<b>Main</b>	Cheese & Sweetcorn Pizza	Chicken & Tomato Pasta Bake	Roast Gammon Roast Potatoes and Gravy	Meatballs with Pasta	MSC Battered Fish with Chips
	<b>Vegetarian</b>	Veggie Hotdog Quorn Sausage	Cheesy puff ½ Filled Baguette	Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Hotpot	Bean Burger with Chips
	<b>Jacket Potato</b>	Jacket Potato with Beans		Jacket Potato with Tuna	½ Filled baguette	Jacket Potato with Cheese
		Peas Mixed Salad	Broccoli Carrots	Cauliflower Green beans	Sweetcorn Carrots	Baked Beans Garden Peas
	<b>Dessert</b>	Vanilla Shortbread Yoghurt Fresh Fruit Platter	Peach Crisp & Custard (WM) Yoghurt Fresh Fruit Salad	Iced Sponge Yoghurt Fresh Fruit Chunks	Fruit Strudel with Custard Yoghurt Fresh Fruit Salad	Cheese, Biscuits & Apple Yoghurt and Fruit Station