

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Autumn menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 3/9/18 24/9/18 15/10/18 12/11/18 3/12/18	**Main**	Cheese & Tomato Pizza	Cottage Pie with Gravy	Roast Gammon with Roast Potatoes and Gravy	Chicken Curry with Rice	MSC Fish fingers/Salmon Fish fingers with Chips
	Vegetarian **Jacket Potato**	Vegetable Hotpot Jacket Potato with Tuna	Vegetable Fajita with Rice Tomato Soup with ½ Filled Baguette	Quorn Roast with Roast Potatoes and Gravy Jacket Potato with Beans	Macaroni Cheese with Garlic Slice Vegetable Soup with ½ Filled Baguette	Vegetable pasty with Chips Jacket Potato with Cheese
		Sweetcorn Peas	Green Beans Carrots	Carrot Cauliflower	Sweet corn Broccoli	Baked Beans Garden Peas
	Dessert	Apple Crumble & Custard Yoghurt Fresh Fruit Platter	Chocolate Cocoa Cookie Yoghurt Fresh Fruit Salad	Chocolate banana Oaty Square Yoghurt Fresh Fruit Platter	Fruit Strudel with Custard Yoghurt Fresh Fruit Salad	Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 2 10/9/18 1/10/18 29/10/18 19/11/18 10/12/18	**Main**	Cheese & Tomato Pizza	Sausages & Mash with Gravy	Roast Chicken with Stuffing Roast Potatoes and Gravy	Spaghetti Beef Bolognese	MSC Breaded Fish with Chips
	Vegetarian **Jacket Potato**	Lentil & Sweet Potato Curry with Rice Jacket Potato with Tuna	Quorn Mince Bolognaise with Spaghetti Tomato Soup with ½ Filled Baguette	Mixed Vegetable Loaf with Roast Potatoes and Gravy Jacket Potato with beans	Vegetable lasagne with Garlic Slice Vegetable Soup with ½ Filled Baguette	Cheese & Tomato Quiche with Chips Jacket Potato with Cheese
		Coleslaw Sweet corn	Peas Carrots	Seasonal vegetables	Green Beans Carrots	Baked Beans Garden Peas
	Dessert	Fruit Sponge with Custard Yoghurt Fresh Fruit Platter	Flapjack Yoghurt Fresh Fruit Chunks	Shortbread Yoghurt Fresh Fruit Salad	Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 3 17/9/18 8/10/18 5/11/18 26/11/18 17/12/18	**Main**	Cheese & Tomato Pizza	Chicken & Broccoli Pasta Bake	Roast Pork Roast Potatoes and Gravy	Meatballs with Rice	MSC Battered Fish with Chips
	Vegetarian **Jacket Potato**	Five Bean Chilli with Rice Jacket Potato with Tuna	Vegetable Frittata Tomato Soup with ½ Filled Baguette	Vegetable Wellington with Roast Potatoes and Gravy Jacket Potato with Beans	Shepherdess Pie Vegetable Soup with ½ Filled baguette	Bean Burger with Chips Jacket Potato with Cheese
		Sweet corn Mixed Salad	Green Beans Carrots	Savoy Cabbage Sweetcorn	Broccoli Carrots	Baked Beans Garden Peas
	Dessert	Pear & Ginger Sponge Yoghurt Fresh Fruit Platter	Rice Pudding Yoghurt Fresh Fruit Salad	Chocolate Brownie Yoghurt Fresh Fruit Chunks	Banana Cake with Custard Yoghurt Fresh Fruit Salad	Cheese, Biscuits & Apple Yoghurt and Fruit Station

FOOD FOR LIFE SILVER SERVED HERE
Soil Association