WHAT'S FOR LUNCH THIS AUTUMN...

caterlink
feeding the imagination



Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with award winning Food for Life Served Here freshly prepared school lunches that are true to our fresh food heritage.

All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

KEEP IN TOUCH

You can keep up to date with what is going on by visiting our web site https://caterlinkltd.co.uk/my-caterlink to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our contact us page, we appreciate all feedback on our service.

RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site https://caterlinkltd.co.uk/jobs-careers/ or email hrsupport@caterlinkltd.co.uk

UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

FREE SCHOOL MEALS

Low Income - Are you missing out? to check if you are entitled to Free School Meals entitlement ask at your school office.

ALLERGY INFORMATION:

If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child, this can be downloaded from our web site https://caterlinkltd.co.uk/school/caterlink-primary-division . We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



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Autumn Menu 2020

Added Plant Power
Vegan
Wholemeal

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 **31/08/2020** **21/09/2020** **12/10/2020** **09/11/2020** **30/11/2020**	Option 1	Macaroni cheese	Meatballs with Rice	Roast Pork Roast Potatoes & Gravy	Beef Spaghetti Bolognaise	Breaded fish with Chips
	Option 2	Jacket Potato with Beans and Salad or Vegetables	Vegan Mexican roll with home baked wedges	Veg Wellington Roast with Roast Potatoes	Jacket Potato Tuna and Vegetables or Salad	Vegetarian Sausage and Chips
	Veg	Cauliflower Peas	Sweetcorn Mixed salad	Broccoli Carrots	Sweetcorn Green beans	Baked Beans Peas
	Dessert	Lemon drizzle cake Or Fruit	Fruit crumble with custard Or Fruit	Apple Cheese & crackers Or Fruit	Chocolate & orange cake with chocolate sauce or Fruit	Vanilla Shortbread or Fruit
Week 2 **07/09/2020** **28/09/2020** **19/10/2020** **16/11/2020** **07/12/2020**	Option 1	Cheese & tomato pizza	Sausage Roll with home baked Wedges	Roast Chicken Roast Potatoes & Gravy	Cheese and Tomato Pin wheel with potato	Fish fingers or salmon fish fingers with Chips
	Option 2	Jacket Potato Tuna and Vegetables or Salad	Southern style veggie burger with home baked wedges	Moroccan Veggie Balls with Roast Potatoes	Jacket Potato with Vegetarian Bolognaise	Vegetarian Sausage Roll and Chips
	Veg	Sweetcorn Broccoli	Peas Rainbow slaw	Carrots Green beans	Mixed salad Broccoli	Baked Beans Peas
	Dessert	Chocolate brownie or Fruit	Iced Sponge or Fruit	Cookie or fruit	Apple Sponge & Custard or Fruit	Apple cheese & crackers or fruit
Week 3 **14/09/2020** **05/10/2020** **02/11/2020** **23/11/2020** **14/12/2020**	Option 1	Veggie Hotdog	Sausage and Mash with Gravy	Roast Gammon Roast Potatoes & Gravy	Chicken Curry with Rice	Fish in Batter with Chips
	Option 2	Jacket Potato with Beans and Salad or Veg	Vegetable Pasta Bake	Vegetable Hotpot	Jacket Potato with Beans and Salad or Vegetables	Southern Style Veggie Burger
	Veg	Carrot Peas	Broccoli Carrots	Sweetcorn Savoy Cabbage	Green beans Cauliflower	Baked Beans Peas
	Dessert	Banana chocolate oaty square or Fruit	Marble cake & custard or Fruit	Fruit jelly & peaches or Fruit	Orange drizzle cake or Fruit	Fruit & Yogurt or Fruit

Available Daily: The menu is reduced from the normal selection to ensure we follow the government guidelines and Covid safe

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