

# Ellwood School News



1<sup>st</sup> May 2020

Hello everyone, we hope you are all ok and are staying home and staying safe. I can't believe we are in May already! The weather seems to have taken a turn for the worst, let's hope the sunshine returns soon! We know it isn't always easy at the moment and we all have easy days and hard days, but we will get through it. Try to think positively each day! We have put together a short newsletter this week focusing on well-being, we hope you find it useful. Miss Chisman has also put together a useful guide with practical ideas, so please look out for that email.

Have a great weekend.

Mrs Milford

## Well-being

We have created a well-being section on the website which has lots of useful information and tips on how to cope mentally during these unsettling times. There are lots of links to different websites which are all very useful and can provide advice on how to speak to your child/ren about

things they may be struggling with or finding it difficult to communicate.

The Family Information Service offer a free and confidential advice line providing guidance and emotional support on any aspect of parenting and family life. Their service is available Mon-Fri 9am – 8pm and on Saturdays 10am – 6pm. Their number is 0800 542 02 02. If they don't answer straight away please leave them a message and they will call you back. You can also email them on [familyinfo@gloucestershire.gov.uk](mailto:familyinfo@gloucestershire.gov.uk) and they will respond the same working day. For more info, visit our well-being section on the website!

Please encourage your children to write to their class friends and send it to your class teacher's email addresses, they can then load them on to the new learning platform. It's good to keep in contact with friends and share all of the things you've been doing.

## Other News

We received a lovely letter this week from The Elms nursing home, thanking us for the letters and pictures the children sent them. The letter is attached to this email if you wish to view it. It's also on our website under the news section.

Please send us pictures of your children learning or taking part in other fun activities, we'd love to see them and will put together a collage.

It is VE day on 8<sup>th</sup> May, why not encourage your children to make some bunting and send us a picture of their creation? The below website has some great ideas and templates you could use. Send anything they create through to their year group's email address which you should already have. <https://www.ryman.co.uk/blog/free-downloads-activity-sheets-and-colouring-pages-for-kids>

Tweedy the clown has launched the Gloucestershire School's Games Challenge. Everyone is invited to take part! It looks like great fun for families to do as well, follow the link below for more information. [https://www.youtube.com/playlist?list=PL77qxbaWTaf9d\\_j6QeTQBJdjs7GV97txj](https://www.youtube.com/playlist?list=PL77qxbaWTaf9d_j6QeTQBJdjs7GV97txj)

Some of you may have heard of CGP books, they offer a range of different activity books for all ages and all subjects. Please do not feel you need to purchase them but we are making you aware, as they are quite a useful resource. You can look at them on the link below or they can be purchased relatively cheaply from amazon. <https://www.cgpbooks.co.uk/primary-books>