

## Reception Home Learning Timetable

| <b>Approximate timing</b> | <b>Activity</b>   |
|---------------------------|---|
| 9.00-9.30                 | <b>Wake &amp; shake</b><br><br>Take part in physical development activities:<br>Joe Wicks, Just Dance, Go Noodle                                    |
| 9.30-10.00                | <b>Phonics</b><br><br>Recap sounds using sound book.<br>Complete activity on phonics PowerPoint.<br>Practise your blending strips and tricky words. |
| 10.00-10.30               | <b>Learning through play</b><br>Complete one of the challenges on your learning through play activity grid.   |
| 10.30-10.45               | <b>Snack and drink</b>  |
| 10.45-11.15               | <b>Maths</b><br><br>Complete activity on maths PowerPoint.<br>Play a maths game online or with your family.   |
| 11.15-11.45               | <b>Learning through play</b><br>Complete one of the challenges on your learning through play activity grid.   |
| 11.45-12.00               | <b>Read a story</b>   |
| 12.00-1.00                | <b>Lunch and learning through play</b>  |
| 1.00-1.10                 | <b>Yoga &amp; Mindfulness</b><br>Try 'Cosmic Yoga' or mindfulness on Go Noodle.   |
| 1.10-1.30                 | <b>Literacy</b><br><br>Complete activity on literacy PowerPoint.  |
| 1.30-2.30                 | <b>Outdoor learning</b><br>Have a go at a 'Random Act of Wildness'.   |
| 2.30-3.00                 | <b>Music, dance and singing</b><br><br>Listen to your favourite music - sing and dance along. Sing some nursery rhymes.                             |
| 3.00-3.15                 | <b>Story time</b><br><br>Share a story with a grown up or sibling.  |

Please note this is just a guide and you are welcome to complete home learning activities in any order you choose.

We would love to see what the children have been learning at home.  
Please share with us via Tapestry.